UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

OMB APPROVAL OMB 3235-Number: 0287 Estimated average burden hours per response...

rischla and 7 Title and Amount 9 Drice of 0 Number of 10

longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Respon	nses)								
Name and Addres Sylvester Marcus	1	Symbol			sions Corp.	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
713 SOUTH CAF	T	3. Date of Ea Month/Day/ 12/12/2013	Year)	nsac	ction				
GILBERT, AZ 85		4. If Amenda Filed(Month/D		e O	riginal	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)		Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							
1.Title of Security (Instr. 3)	Date	any	ion Date, if	Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or Amount (D) Pr	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership
Reminder: Report on directly or indirectly.		ach clas	s of securities	es benefic	cially	owned			

SEC 1474 Persons who respond to the collection of information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

> Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned $(\textit{e.g.}, \texttt{puts}, \texttt{calls}, \texttt{warrants}, \texttt{options}, \texttt{convertible} \ \texttt{securities})$

1. Title of	2.	3. Transaction	3A. Deemed	4.		5. Numb	er	6. Date Exerci	sable and	7. Title and	Amount	8. Price of	9. Number of	10.	11. Nature	
Derivative	Conversion	Date	Execution Date, if	Transac	tion	of		Expiration Da	te	of Underlyi	ng	Derivative	Derivative	Ownership	of Indirect	
Security	or Exercise	(Month/Day/Year)	any	Code		Derivativ	/e	(Month/Day/Y	(ear)	Securities		Security	Securities	Form of	Beneficial	
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Securitie	s			(Instr. 3 and	14)	(Instr. 5)	Beneficially	Derivative	Ownership	
	Derivative					Acquired	i						Owned	Security:	(Instr. 4)	
	Security					(A) or							Following	Direct (D)		
	-					Dispose	d of						Reported	or Indirect		
						(D)							Transaction(s)	(I)		
						(Instr. 3,	4,						(Instr. 4)	(Instr. 4)		
						and 5)										
											Amount					
											or					
									Expiration	Title	Number					
								Exercisable	Date		of					
				Code	V	(A)	(D)				Shares					
Stock																
Option	* 0 = 0									Common				_		
(Right	\$ 0.50	12/12/2013		Α		25,000		12/12/2013	12/12/2018	Stock	25,000	\$0	25,000	D		
										Stock						
to Buy)																

5 N 1 6 D 1 E

Reporting Owners

Donosting Oven on Name / Address	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Sylvester Marcus A 713 SOUTH CARDINAL STREET GILBERT, AZ 85296			Vice President of Sales				

Signatures

/s/ Marcus A. Sylvester	12/31/2013
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information of a currently valid OMB number.	ontained in this form are not required to respond unles	s the form displays